

### Hot Drinks

<b>FT</b> Filtered Coffee Cup	1.75
<b>FT</b> Filtered Coffee Mug	2.00
<b>FT</b> Columbian Cafetière	2.00
<b>FT</b> Decaffeinated Cafetière	2.00
<b>FT</b> Cappuccino (+0.50 on specials)	2.25
<b>FT</b> Café Latte (+0.50 on specials)	2.25
<b>FT</b> Hot Chocolate Mug	2.00
<b>FT</b> Pot of Tea	1.75
Pot of Decaffeinated Tea	1.75
Pot of Earl Grey Tea (Decaf Available)	1.90
Pot of English Breakfast Tea	1.90
Pot of Speciality Tea	1.90

### Cold Drinks

Coca Cola (Original or Diet)	1.70
Cloudy Lemonade	1.60
Squash	1.20
Orange or Apple Juice	1.60
Milk	1.40
Milk Shake	1.90
Elderflower Presse (+0.50 on specials)	2.20
(Pomegranate & Elderflower also available)	

### Toasted Tea Cake

Plain	1.90
Buttered	2.10
Jam	0.30

### Scone

Scone	1.75
With Butter	1.95
Jam	0.30
With Jam & Clotted Cream	2.90
Sugar Free Scone	1.75
Cheese Scone (Fridays only)	1.75

### Cakes

Homemade Sponge (Various)	2.35
Carrot Cake	2.05
Bara Brith (2 slices)	1.85
Bara Brith (2 slices with butter)	2.05
Ginger and Lemon Crumble Slice	2.10

### Tray Bakes

Flapjack	1.40
Millionaires' Shortbread	1.60
Chocolate Slice	1.40
Shortbread	1.10

**FT = Fair Trade**

### Toast

White, Brown or Granary	2 slices unbuttered	0.85
	2 slices buttered	1.05
	Jam or Marmalade	0.30

### Hot Bap

White or Brown	Egg	2.30
	Bacon	3.30
	Sausages	3.30
	Bacon & Sausages (2)	4.00
	add egg and/or mushrooms each	0.50

### Brunch

Bacon, Sausages (2), Egg, Beans, Mushrooms & a slice of toast and butter	4.95
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### On Toast

2 slices of fresh White, Brown or Granary bread (no garnish before 11.30)	Baked Beans	3.50
	Spaghetti	3.50
	2 Fried Eggs	3.50
	Fried Mushrooms	3.50

**Lunchtime items below are available:  
Mon-Fri 11.30am-2.30pm: Sat 11.30am-3.30pm**

### Baked potato

With salad garnish	Butter only	3.75
	Baked beans	4.50
	Ham	4.95
	Tuna Mayonnaise	4.95
	Salmon	4.95
	Cheese	4.95
	Chilli con Carne	4.95
	Bacon & Baked Beans	5.25
	Cheese & Mushroom	5.25
	Cheese & Beans	5.25

### Sandwiches

2 slices of fresh White, Brown or Granary Bread with salad garnish	Cheese	3.50
	Ham	3.50
	Tuna Mayonnaise	3.50
	Egg Mayonnaise	3.50
	Wild Salmon & Cucumber	3.90
	Ham & Tomato	3.80
	Ham & Cheese	3.80
	Cheese & Onion	3.80
	Cheese & Tomato	3.80

### Toasties

2 slices of fresh White, Brown or Granary Bread with salad garnish	Cheese	4.30
	Ham	4.30
	Ham & Tomato	4.60
	Ham & Mushroom	4.60
	Ham & Cheese	4.60
	Cheese & Onion	4.60
	Cheese & Tomato	4.60
	Cheese & Mushroom	4.60
	Tuna & Cheese	4.60

### On Toast

2 slices of fresh White, Brown or Granary bread with salad garnish	Baked Beans	3.50
	Spaghetti	3.50
	2 Fried Eggs	3.50
	Fried Mushrooms	3.50
	Cheese	4.30

### Soup of the day

Freshly made	2.90
Roll	0.80
Roll and Butter	1.00

### Ham, 2 Eggs and Chips

4.95

### Free Range Omelette

Served with chips and a salad garnish or salad	Ham and Mushroom	4.95
	Cheese and Tomato	4.95
	Ham and Cheese	4.95
	Cheese and Mushroom	4.95

### Quiche of the day

Served with chips and a salad garnish or salad	See 'Quiche of the day' board	4.95
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### Salads

Plain	3.10
Tuna Mayonnaise	4.10
Egg Mayonnaise	4.10
Ham	4.90
Cheese	4.90
Wild Red Salmon	4.90

### **Extra Portions: Only available with a meal**

Ham, 1 Slice of Bacon, Cheese, 2 Sausages, Chips	1.10
Mushroom Quarters, Salad, Cooked Tomatoes	1.10
Baked Beans	0.80
One Egg	0.60
Bread and butter	0.85

### Local sourcing

Our fair trade drinks, meat and vegetables are sourced from local suppliers wherever possible.

### Gluten Free

Please see our separate gluten free menu.

### Allergens

**If you have a dietary requirement please ask as we have a full allergen list available. Whilst we have controls in place to reduce the risk of contamination, it is not possible for us to guarantee that our dishes will be 100% allergen free. Please speak to your server if you have any food allergies prior to placing your order.**