

What is The Marriage Course?

The Marriage Course is very practical, giving any married couple the tools to build a strong and healthy marriage that lasts a lifetime.

Over eight evenings spent together couples talk about important issues that can get swept under the carpet in the rush of daily life.

Topics covered include:

- Recognising each other's needs
- Learning to communicate effectively
- Resolving conflict
- Healing past hurt
- Knowing how to make each other feel loved
- Relating to parents and in-laws
- Good sex
- Making time for each other
- Having fun together

Privacy as a couple is always respected

- There is no group discussion
- No requirement to disclose anything about your relationship to anyone else

What's involved?

We have six couples at each course to ensure a calm and peaceful environment.

Our aim is to provide a very special night that you will look forward to, week by week.

Each evening begins with a candlelit meal, in our Coffee House, at 7:30pm.

Your meal is served to you at your table. This will be a hot first course followed by dessert.

During the evening we will serve tea or coffee.

Each session has video presentations followed by an opportunity to discuss the topic together.

When you are working together we play background music to ensure you are not being overheard.

Each session takes on a different format but we aim to finish by 9.30pm.

Registration Form

Titles

First Names

Surname

Address

Post Code

Tel No.

How long have you been married?

Do you belong to a church?

Yes

No

If yes which one?

When completed
Please return this application to:

Mr Roy Knightley
Lyttelton Well Ltd
Church St.
Malvern
WR 14 2AY

The course costs £60.00 per couple.

If however this would be a barrier to you coming please contact the manager

Please enclose payment. Cheques to be made payable to: **The Lyttelton Well Ltd**

Please indicate any dietary needs: -

Vegetarian

Gluten free

Sugar free

Caffeine free

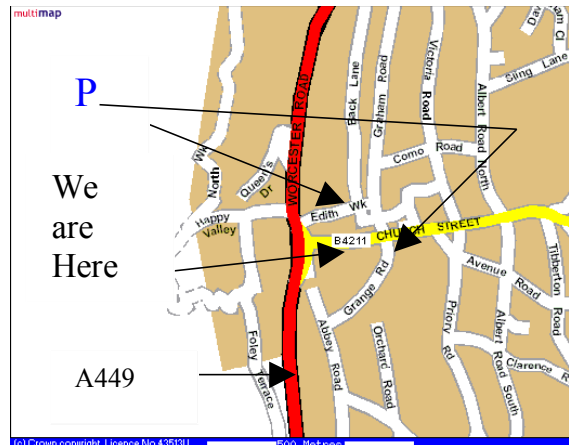
Others please state

Who is it for?

The Marriage Course is for any married couple who wants to build a strong and lasting relationship, especially:

- Those who want to enhance their marriage
- Those in their first five years of marriage
- Those at a challenging stage in their marriage e.g. the birth of a child, a career change, teenagers at home, the "empty nest," adult children returning home
- Those struggling with issues in their marriage

The course, while based on Christian principles, is very helpful for any couple with or without a Christian faith, or church background



The Marriage Course



The Lyttelton Well Ltd
Church Street
Malvern WR14 2AY

Next course starts 20th October 2008

Tel 01684 573702